

# Bakewell Fly Fishing Shop



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[www.bakewellflyfishing.com](http://www.bakewellflyfishing.com)

Fly casting tuition for the novice, intermediate or advanced fly fisher

*A brief guide to the fly casting lessons, practical fishing, and river fishing and guiding offered by our AAPGAI qualified instructor. Including prices, Gift Token availability and additional fly fishing instruction.*

## Fly Casting Lessons

### Fly casting – the casts

#### Roll casting

The roll cast is one of the most useful casts an angler can learn, but is often neglected. This is the cast many improving anglers need to learn before attempting the basic moves of the Spey casts. The Roll cast and its subtle variations can be your friend in many tight corners.

This Lesson includes basic assembly of rod and initial placing the line on the water.

The principles of the Roll cast, when to use it, and how to use it safely in awkward winds, what is good form, and how to correct faults when (if!) they crop up.

Gaining distance with the roll cast, and changing direction. Utilising what we have learnt in a real life type fishing situation i.e. no room for anything, trees and obstructions all around,

If time permits we will conclude with a short demonstration of the jump roll, a fundamental part of Spey casting.

Each lesson can take around one to one and a quarter hours depending on individual requirements and abilities, we do have some experience with disabled students, if there are any issues you feel are affecting your casting please let me know in advance, if possible.

#### The Overhead Cast

This is the cast used by the majority of fly casters most of the time. It achieves distance, delicacy and turned on its side, puts our fly under the tree branches where fish are waiting for a perfectly presented fly,

The Principles of the cast, when to use it, how to use it with safety in awkward winds, what is good form, and the naming of parts. We learn how to use natural forces to make good casts

How to set up a training ground and how to practice. Casting on a river, the basics, shooting a line for a little more distance, a demonstration of distance casting using the double haul technique.

This lesson can take around one to one and a quarter hours depending on individual requirements and

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Tackle is supplied for the lesson.

## Advanced Casting Lessons

These lessons will give the improving angler the tools to cope with larger Stillwaters when fish are further out, or how to present a floating fly to selective and spooky fish on fast flowing rivers.

**Option one:** The Double Haul. This is an elegant and precise technique that can be used to achieve maximum distance where needed or the tight loops we need for an especially accurate cast.

**Option Two;** River casting secrets. We do not need these casts every single time we fish but there are many days per season when these casts make the difference between catching and not catching.

These lessons are not intended for the total novice. These lessons are concentrated, and many students prefer to take them separately, with a gap of some days between in which to practice new found skills.

## Practical Fishing

These lessons are also available as a taster session for the Time Challenged.

These practical sessions are designed to give confidence to the novice. We look at reading the conditions, and how to formulate a logical approach, and to minimise the element of blind chance in our fishing adventures.

Choosing and setting up tackle based on the conditions and personal preferences. We take a look at insect activity on the day, perhaps a lure based approach is the most likely to succeed, we look at choosing good spots to fish, not always the most comfortable for casting and how to make the best of any chances that may come our way. Stealth, good casting, and a look at the fly box and how it relates to real life.

What's working for us, what's not? It is easy to fall into a routine style of fishing, and not be able to step back and see the bigger picture. Other anglers may be actually fishing for us and telling us what we need to know without actually being asked.

These lessons normally take place on small stillwaters in or near to the Peak District. The sessions are conducted during the morning or evening and take around 3 hours. The evening sessions we may fish on into dusk, depending on individual requirements and abilities. We do have some experience with disabled students, and some people are not happy driving home in the near dark so if there are any issues you feel affect your enjoyment please let me know in advance, if possible.

Tackle is supplied for these lessons.

Permit costs are additional and vary according to the water and the season, the instructor day permit is included however as are flies, leaders, and use of tackle.

## River fishing and Guiding

We have the privilege of being an authorised guide on the oldest known Dry Fly fishery. The Haddon Fishery includes several miles of first class dry fly fishing, and has been Dry fly only since 1865.

Your Guided session includes a demonstration of river casting techniques, watercraft, choosing a fly and much more. Tackle can be supplied as required and is included.

Guided half day, mornings or evenings by arrangement (Booking essential).

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## Price list

The casting lessons often last around an hour to an hour and a quarter and can be one or two people sharing. Some students learn very much quicker than others!

### Casting lessons

Each lesson £40 per session

Shared lesson £25 per person

Adult & Junior £40 total

Course of lessons (three) £100

### Fishing lessons

These lessons normally run about three hours duration. A morning or an evening typically, and are usually held on Barlow Lakes or Press Manor fisher. Fishing tackle is included but rod licence usually required.

Each lesson £70

Shared lesson £50 per person

Adult & Junior £65 (as an encouragement to younger flyfishers)

River fishing lessons are priced as above plus an additional £20

Day permit costs are additional and are payable by the client (Some Derbyshire waters are £5 to fish, some are more than £5 to fish)

## Gift tokens

Mini courses special offer:

All three casting lessons and two fishing sessions £235

Three casting lessons £100

Adult & Junior £75

### Also available:

Special lessons for the improving angler

Advanced river techniques

Trainee coach evaluation

Guided half or full days on the Derbyshire rivers and streams

Any questions please call the shop on 01629 813 531 at any time, leaving a message for a call back .

*Lessons are with a qualified instructor, insured for public liability and subject of an enhanced CRB check*



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